

PET(4)-04-12 p5a

## **P-04-368 Promote physical activity and health in Further Education colleges**

### **Petition wording:**

We call on the National Assembly for Wales to urge the Welsh Government to promote physical activity and health in Further Education colleges.

**Petition raised by:** Alun Jones

**Date petition first considered by Committee:** 28 February 2012

**Number of signatures:** 23

**Supporting information:** Physical Activity has the ability to enhance & maintain not only the physical attributes of an individual but their overall health & wellbeing. I believe FE Colleges need to have clear goals, targets to increase participation in physical activity & recreational sports through a well-structured, inclusive and fun programme that unites, includes & adapts to the needs of the learners. The overall health of students can provide many benefits to the performance of not only the college but Wales as a whole. We do not only have a duty to promote physical activity, health & wellbeing but to actively seek involvement in programmes that will inspire our students to become healthier & more physically active.

I believe there is a wide gap and clear lack of promoting physical activity and health amongst colleges of FE. There needs to be a clear strategy and guidelines which colleges should have to meet. We have a duty to try and promote physical activity and health amongst our students to improve the general health of our nation.